



CONSTRUCTION FOR WOMEN

*12-WEEK TRAINING
PROGRAMME OVERVIEW*

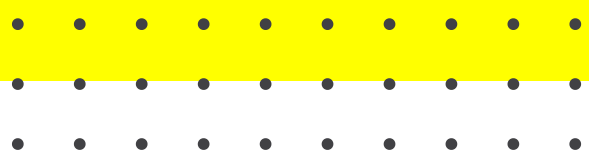


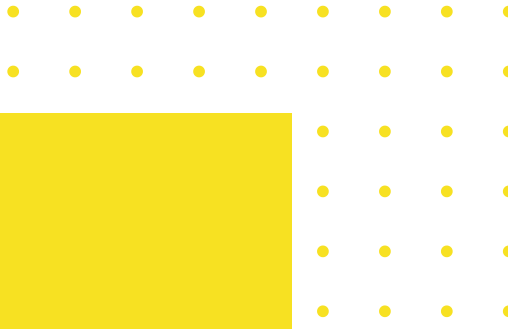
Who are Construction for Women?

Founded in 2024, Construction for Women provides a platform to support and champion women across the construction industry. Through innovative programmes, Construction for Women is helping to build a more inclusive, diverse and sustainable future for the industry.

Our Mission:

Building Women's Futures, Together





WHY THIS PROGRAMME MATTERS

Construction remains one of the most in-demand industries in the UK — yet women make up less than 13% of the workforce.

Our 12-Week Training Programme helps women and underrepresented groups:

- Gain practical trade skills and accredited qualifications
- Build confidence and workplace readiness
- Develop employability and leadership skills
- Access direct employment, mentorship, and industry networks

It's not just a training course — it's a launchpad for lasting careers in construction.





Programme Overview:

Our 12-Week Training Programme combines classroom learning, practical workshops, and real-world experience with construction employers.

Our programme prepares participants for entry-level roles and sustainable careers within the built environment.

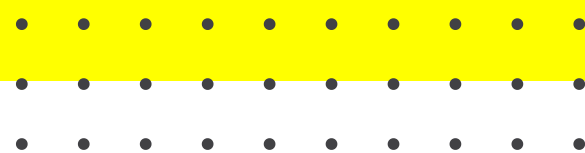
Duration: 12-Weeks

Cost: Free for eligible participants

Study Mode: Part-Time

Entry Requirements: Age 18+ Female

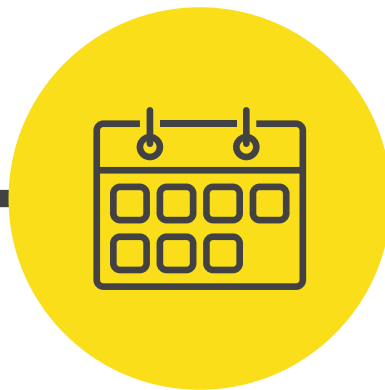
Delivery Model: Blended



PROGRAMME STRUCTURE

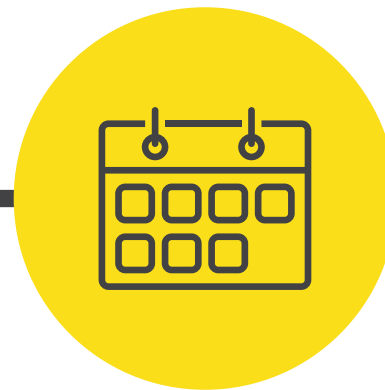
The Construction for Women programme spans a 12-week intensive training model covering:

WEEKS 1 - 4



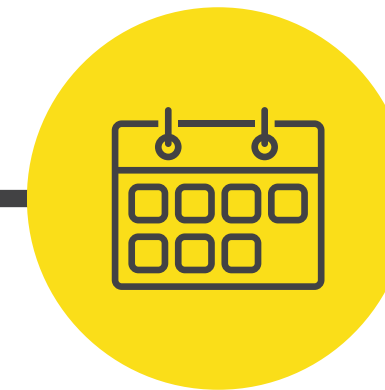
- Introduction to Construction
- Health & Safety Training
- CSCS Card Preparation

WEEKS 5 - 8

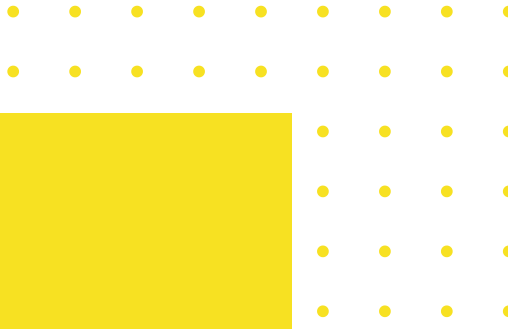


- Retrofit Skills
- Sustainability Practices
- Multi-Skills Training

WEEKS 9 - 12



- Practical Work Experience
- Site-Based Advanced Skills



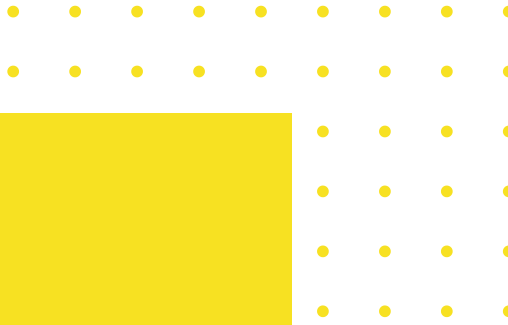
PARTICIPANT ACHIEVEMENTS AND OUTCOMES

Each participant will achieve:

- Level 1 Award in Trade Skills
- Level 1 Award in Skills for Employment and Personal Development
- Level 1 Health & Safety Award (with CSCS Card)
- Level 2 Award in Retrofit Construction
- Entry Level Award in British Values and Prevent
- Digital Skills Certification
- Specialist certifications: Asbestos Awareness, Manual Handling, Working at Height
- Over 50 hours of structured work experience with construction employers

Guaranteed Outcome:

- All 12 participants will transition into paid construction employment upon programme completion.
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LEARNING APPROACH

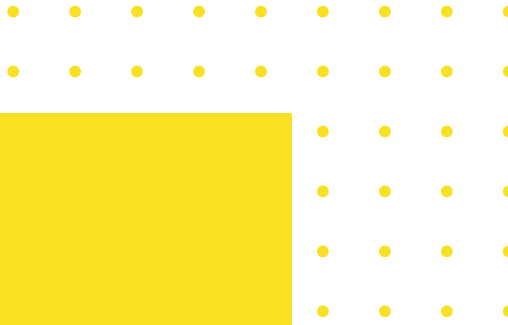
The programme uses a blended model designed to suit a range of learning styles and backgrounds.

You'll engage through:

- **Classroom Sessions:** Theory, industry knowledge, and soft skills.
- **Workshops:** Practical, hands-on training in trade skills.
- **Employer Engagement:** Guest talks, site visits, and mentoring.
- **Independent Study:** Reflective learning and self-assessment.

Our experienced tutors and mentors will guide you through each stage, ensuring you are confident, capable, and career-ready.





WORK EXPERIENCE & INDUSTRY EXPOSURE

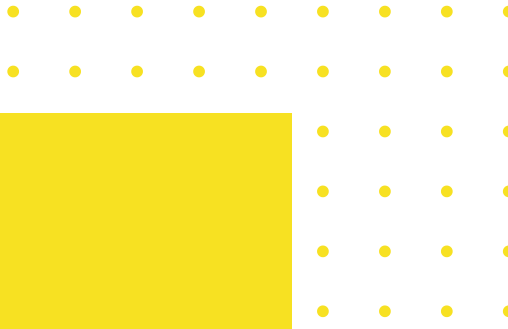
A key part of the programme is your 50+ hours of work experience with a real employer.

This provides an opportunity to:

- Apply your new skills in a professional environment
- Gain insight into different construction roles and settings
- Build valuable industry connections
- Strengthen your CV and employability

Our team will help match you with a suitable placement and support you throughout your time on site.





EMPLOYABILITY & PERSONAL DEVELOPMENT

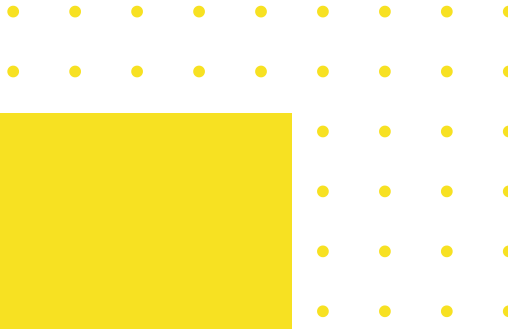
Alongside technical training, you'll receive tailored support to prepare for life beyond the programme.

This includes:

- Workshops on communication, teamwork, and resilience
- One-to-one mentoring from an industry professional
- Career coaching and job search support
- CV writing and interview practice sessions

Upon completion, all participants are offered:

- **12 months of mentorship** through our mentorship programme
 - **Guaranteed employment interviews**
 - **Access to the CFW Alumni Network**
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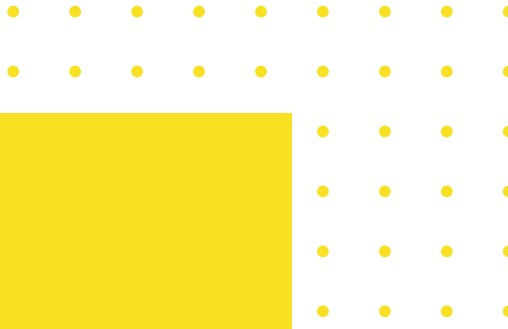
EXPECTATIONS & CONDUCT

All participants are expected to:

- Attend all sessions punctually and consistently
- Engage actively in both classroom and site activities
- Follow health and safety rules at all times
- Treat peers, trainers, and employers with respect
- Complete assessments and evaluations on time
- Represent Construction for Women positively when on placement

We're committed to providing a supportive, inclusive, and empowering learning environment — and we expect the same professionalism from all participants.





SUPPORT & WELLBEING

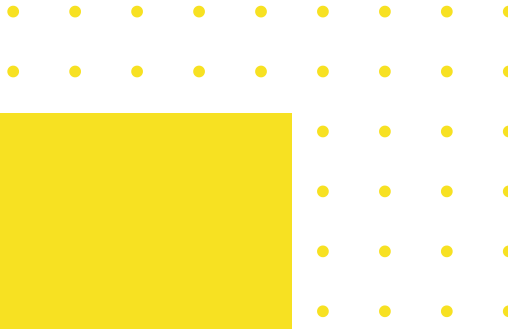
CFW is here to help you succeed — inside and outside the classroom.

Participants have access to:

- **Pastoral and wellbeing support**
- **Learning and development coaching**
- **Safeguarding and mental health guidance**
- **Practical support** with travel, childcare, or financial needs (where applicable)

We understand that everyone's journey is different — our team will work with you to make sure you have what you need to thrive.





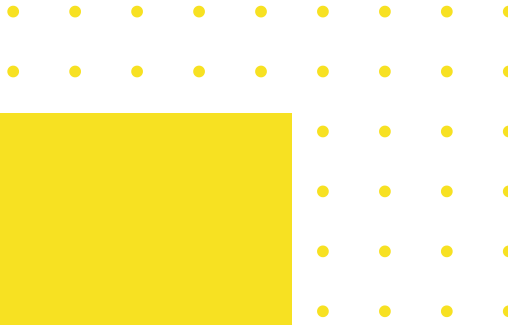
PROGRESSION PATHWAYS

After completing the 12-Week Training Programme, you'll have the skills, qualifications, and confidence to progress into:

- Entry-level construction or trade roles
- Apprenticeships with partner employers
- Further training or higher-level qualifications
- Long-term career development through mentorship and alumni support

CFW's mission is to ensure every participant leaves ready to take the next step in their construction journey — with the knowledge, support, and community to succeed.





REVIEW & FEEDBACK

We value your input.

Throughout the 12-week programme, you'll have opportunities to share feedback on your learning experience, placement, and overall satisfaction.

Your insights help us:

- Improve the training experience
- Strengthen industry partnerships
- Expand opportunities for future cohorts

Your voice matters — and it helps us build better pathways for women in construction.



NEXT STEPS

Ready to Get Started?

If you're ready to begin your journey in construction, we'd love to hear from you.

How to Apply:

1. Visit our website and submit an enquiry through our contact form, or via email.
2. A member of the CFW team will contact you to confirm eligibility and discuss next steps.
3. Successful applicants will receive full joining instructions, induction details, and a welcome pack.

Contact Us:

 info@constructionforwomen.co.uk

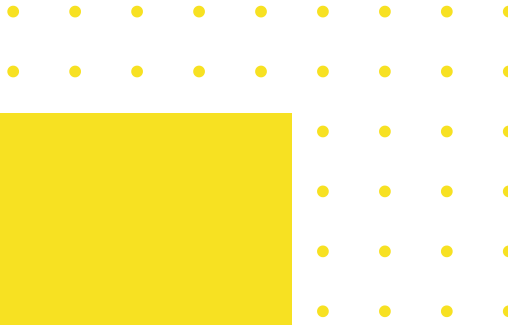
 www.constructionforwomen.co.uk

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THANK YOU

Thank you for being part of the **Construction for Women 12-Week Training Programme.**

By joining, you're not just training for a career — you're contributing to a movement that's shaping the future of the construction industry.

Together, we're **building skills, confidence, and equality** in every corner of the built environment.

Let's keep building women's futures — **together.**



Building Women's Futures, Together

CONSTRUCTION
FOR WOMEN