

HOW IT WORKS

1. Apply or Enquire:

Contact our team to request a Mentor/Mentee info pack.

2. Submit Your Application:

Provide key details to help us pair mentors and mentees effectively.

3. Matching:

Participants are paired based on goals, experience, and areas of interest.

4. Start Your Mentorship:

Begin your mentorship journey — with monthly or bi-monthly sessions and support from the CFW team throughout.

You'll receive regular check-ins, resources, and opportunities to share progress and feedback.

**Building
Women's
Futures,
Together**

THE NEXT STEP?

If you're ready to grow, share your knowledge, or support women in construction, we'd love to hear from you.

Join our and help build a stronger, more inclusive industry.

Get in contact with us using the information below.



CONSTRUCTIONFORWOMEN.CO.UK



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CONSTRUCTION
FOR Women



**CFW
Mentorship
Programme**



WHO ARE WE?

Founded in 2024 by Renée Preston, Construction For Women is a purpose-driven organisation working to transform the construction industry into a more inclusive, equitable space for all.

Through training, outreach, support, and advocacy, we challenge outdated perceptions and highlight the diverse career paths available in the built environment.

From raising awareness among young girls to empowering women entering or re-entering the workforce, Construction For Women is dedicated to building a future where women can thrive in every corner of the industry.



MENTORSHIP PROGRAMME

What Is it?

The Construction for Women Mentorship Programme connects women with experienced industry professionals who provide one-to-one or group mentorship over the course of a year.

Mentorship offers a safe, supportive space for growth — helping mentees build confidence, navigate career challenges, and set meaningful goals for their professional journey.

Through shared experience and guidance, the programme builds stronger networks, encourages inclusion, and supports long-term career development across the construction industry.

Why Join the Mentorship Programme?

Learn. Grow. Connect. Succeed.

Whether you're looking to give back as a mentor or grow as a mentee, this programme offers a structured, empowering experience designed to help women thrive in construction.

As a mentee, you'll:

- Gain personalised guidance from experienced professionals.
- Build confidence, skills, and industry insight.
- Join a supportive community of women in construction.

As a mentor, you'll:

Share your experience and inspire the next generation.

Strengthen your leadership and coaching skills.

Help shape a more inclusive, diverse industry.

WHY THIS MATTERS

Mentorship has a transformative impact — particularly in industries where women remain underrepresented.

In the construction and STEM sectors, mentorship provides:

- **A bridge** between education and employment.
- **Support and encouragement** for women navigating early or mid-career challenges.
- **A network** of like-minded professionals who believe in equity and inclusion.
- **Role models** who inspire confidence and belonging.

By connecting women across the industry, the Mentorship Programme builds pathways for success — creating a stronger, more supportive construction community for the future.

Together, we can build women's futures, one conversation at a time.

